

Spearfish High School Tennis Backboard

Description: The backboard was purchased in 2022 with funds from the Spearfish High School Booster club, a USTA Northern Grant, and donations to the Spearfish Tennis Association. Installation was done by the High School Tech classes. The board provides an additional and important way for players to improve their games. Backboards can be used in dozens of ways, and we encourage people to try it out.

Benefits: The backboard is state-of-the-art, with a 5-degree slant that returns balls to the player in a fashion much closer to that of an actual opponent than a vertical board does. This allows players to fine tune their strokes, experiment with different spins, and analyze their games. The QR code below links to a web page that provides numerous backboard instruction videos. Backboards not only provide great aerobic exercise but also provide more strokes-per-minute of practice than any other form of hitting. Whether you want to seriously improve your game or just want to spend an hour by yourself on an afternoon hitting balls, the backboard can be a great addition to your tennis experience.

IMPORTANT!! PLEASE NOTE: If you want to put "targets" on the board to refine your accuracy, as some of the instruction videos suggest, please use painter tape. Ordinary duct tape or masking tape may leave a residue. Also please remove all such targets and dispose of the tape properly when you leave.

Scan to OR code for links to instruction videos.

